



# Uka Tarsadia University



## Department of Humanities

### Educational Trip to Delhi

(24<sup>th</sup>- 29<sup>th</sup> September 2023)

The Department of Humanities, Uka Tarsadia University organized a five-day Educational Trip to India's capital 'Delhi' for the students of BA Psychology and Journalism and Mass Communication from 24<sup>th</sup> to 29<sup>th</sup> September 2023. A total of 24 people including 18 students and 6 faculty members went on the trip. The trip covered all historical monuments such as Qutub Minar, Humayun Tomb, India Gate, Red Fort, Lotus Temple, and Jama Masjid; Educational institutions such as Rashtrapati Bhavan Sangrahalaya, Pradhanmantri Sangrahalaya, News India 24\*7 Studio, Akashvani Bhavan and UPS Education and Shopping places such as Chandni Chowk and Connaught Place. The aim of the trip was to provide practical learning opportunities to the students and deepen their understanding of Indian history and culture.

#### Trip Itinerary

| Date    | Places Visited  | Time   |
|---------|---|--|
| 24-9-23 | <ul style="list-style-type: none"><li>Departed from Surat to Delhi Sarai Rohilla</li></ul>  | <ul style="list-style-type: none"><li>3:00 pm</li></ul>  |
| 25-9-23 | <ul style="list-style-type: none"><li>Reached Delhi</li><li>Hotel-check in</li><li>Qutub-Minar</li><li>Humayun Tomb</li><li>India Gate</li></ul>  | <ul style="list-style-type: none"><li>11:00 am</li><li>12:00 pm</li><li>3:00 pm to 5:00 pm</li><li>5:30 pm to 6:30 pm</li><li>7:00 pm to 8:00 pm</li></ul>   |
| 26-9-23 | <ul style="list-style-type: none"><li>Rashtrapati Bhavan Sangrahalaya</li><li>Pradhanmantri Sangrahalaya</li><li>Lunch at DLF Mall of India</li><li>News India 24*7 Studio</li><li>Connaught Place</li></ul>  | <ul style="list-style-type: none"><li>10:00 am to 12:00 pm</li><li>12:30 pm to 2:00 pm</li><li>2:30 pm to 3:30 pm</li><li>4:00 pm to 6:00 pm</li><li>7:00 pm to 9:00 pm</li></ul>                            |
| 27-9-23 | <ul style="list-style-type: none"><li>Akashvani Bhavan</li><li>Red Fort and Jama Masjid</li><li>Lunch at Rajghat Canteen</li><li>Session with Urmilesh (Senior Journalist) at Press Club of India</li><li>Chandni Chawk</li><li>Travelled back to Hotel through Metro</li></ul> | <ul style="list-style-type: none"><li>11:00 am to 12:00 pm</li><li>1:00 pm to 2:30 pm</li><li>3:00 pm to 3:30 pm</li><li>4:00 pm to 5:00 pm</li><li>6:00 pm to 9:00 pm</li><li>9:00 pm to 10:00 pm</li></ul> |
| 28-9-23 | <ul style="list-style-type: none"><li>Hotel check-out</li><li>Lotus Temple</li><li>Session with Arvind Otta (Eminent Indian Psychologist) at UPS Education</li><li>Departed from Delhi Nizamuddin to Surat</li></ul>  | <ul style="list-style-type: none"><li>8:00 am</li><li>9:00 am to 10:30 am</li><li>11:45 am to 2:15 pm</li><li>4:00 pm</li></ul>  |
| 29-9-23 | <ul style="list-style-type: none"><li>Arrived at Surat from Delhi Hazrat Nizamuddin</li></ul>   | <ul style="list-style-type: none"><li>5:45 am</li></ul>  |

## Day-1 (24-9-23)

The first day of the trip commenced with all the students and faculty members departing from Surat railway station to Delhi by train '**Delhi Sarai Rohilla Garibh Rath Express**' on 24<sup>th</sup> September at 3:00 p.m. in the afternoon.



## Day-2 (25-9-23)

The second day of the trip commenced with all the students and faculty members arriving at Delhi Railway Station at 11:00 am in the morning. Afterward, they checked in to Hotel '**Toronto**' located in Pahargunj. After getting freshened up and having breakfast at the Hotel, they began their first trip by exploring historical sites such as '**Qutub Minar**', '**Humayun Tomb**' and '**India Gate**' which gave a unique opportunity to the students to appreciate the architecture of the iconic monuments of Delhi. The students also performed Garba at India Gate while promoting their culture of Gujarat. Mr. Samrat Gahlaut, a faculty in Journalism and Mass Communication also did reporting at India Gate to provide hands-on experience to students in which all the students shared their experience of the day.



### Day-3 (26-9-23)

The third day of the trip was dedicated to Educational institutions. It commenced with a visit to **Rashtrapati Bhavan Sangrahalaya**. Students were first shown the model of the Presidential residence and were explained about its structure and history. Students had the privilege to witness the personal belongings of all former presidents and presidential gift collections from different parts of the world, the replica of the study room, living room, kitchen, and banquet hall of the president's house, all utensils that were used in the President's house having emblems printed on them, the replica of both English and Hindi handwritten calligraphy of the Constitution, the oath register signatures on 26<sup>th</sup> January, coins issued on special occasions, all original civilian awards, the Moonstone, Mt. Everest stone and Silver trumpet Presidential banners. They also did the virtual march with Mahatma Gandhi.

It was followed by a visit to **Pradhanmantri Sangrahalaya**. Students had the privilege to witness the replica of the Constitution and gain valuable insights about the Constitution, and people who had contributed to its making including 15 women; watch the video of the first 26th January celebration; learn about the early life of Nehru and witness his living room, study room, and the room where he died; witness the first Indian flag and witness all gifts received by PM Narendra Modi received from different countries.

After having Lunch at **DLF Mall**, largest mall of Noida, students visited the **News India 24\*7 Studio**. The students had the privilege to visit a real newsroom which provided them with insights regarding how a newsroom operates and functions, the roles and responsibilities of each team member, and the stages involved in news gathering, production, editing, and broadcasting. They also had the privilege to interact with **Mr. Ashif Aqbal**, the editor of News India 24\*7, and two senior news anchors, **Nida Ahmed** and **Sagar Mishra**, who shared their personal experiences, journeys, challenges, and important lessons in the field of journalism. Students were advised and encouraged to follow their passion, stay informed by reading the newspaper, enhance their vocabulary and fluency, practice speaking on any topic, and record themselves.

The day ended with a three-hour shopping at the Connaught Place.



### Day-4 (27-9-23)

The fourth day of the trip commenced with a visit to **Akashvani Bhavan**, a renowned broadcasting house. The students had an opportunity to explore various rooms within the building including the control room and radio room where the recording takes place. They also had the opportunity to interact with a RJ who gave them knowledge about the technical aspects of broadcasting such as the use of audio consoles, kinds of microphones, and the process of program recording. In the end, all the faculties clicked picture with **Mr. Pramod Kumar**, Assistant Director of All India Radio. Ms. Priya Sahani, a faculty in Journalism and Mass Communication gave an appreciation letter to him.

Afterward, the students visited two historic sites- **Jama Masjid** and **Red Fort**. At Red fort, they witnessed where the national flag is hoisted and the Prime Minister's announcements are made.

After having lunch at Rajghat Canteen, an enlightening session with **Mr. Urmilesh**, a senior journalist, took place at the Press Club of India. The session began with an introduction round where each student was asked

to introduce themselves. Mr. Urmilesh shared his journey and valuable insights into the world of journalism. He also engaged in a stimulating Q&A session with the students where students asked all their queries concerning with the field of Journalism. Mr. Shwet Kamal, a faculty in Journalism and Mass Communication gave an appreciation letter to him. In the end, everyone clicked a group picture with him.

The day ended with a three-hour shopping around the bustling streets of **Chandni Chowk**. The students then used the Delhi Metro system to return to the hotel.



### Day-5 (28-9-23)

The fifth day of the trip commenced with a visit to the breathtaking structure of **Lotus Temple** after checking out from the Hotel in the morning. All the students and faculty members sat in silence and meditated in the prayer hall which provided a peaceful experience to them.

It was followed by a session with **Dr. Arvind Otta**, a founder and director of UPS Education, editor-in-chief of PsychoLogs magazine, an eminent Indian Psychologist, mental health professional, and who has contributed immensely toward awareness of mental health. He welcomed all the faculties warmly with a beautiful bouquet of flowers. He engaged in a comprehensive discussion, covering topics such as courses and job options in the field of Psychology, a career in mental health and its challenges, statistics regarding suicide rates in India between 2018 and 2020, the importance of promoting mental health awareness, why Psychology stands out as the best career choice in contemporary times and the requirements and availability of mental health professionals in India. All the students asked their queries concerning to career in Psychology. In the end, all the students and faculty members were offered snacks and gifted with PsychoLogs magazines. Mr. Rahul Sambad, a faculty in Psychology extended an appreciation letter to him. In the end, everyone clicked a group picture with him.

Afterward, all the students and faculty members departed from Delhi Hazrat Nizamuddin Railway Station to Surat by train '**Maharashtra Sampark Kranti Express**' at 4:30 pm.



### Day-6 (29-9-23)

The five-day trip ended with all the students and faculty members returning back to Surat on 26<sup>th</sup> September at 5:45 am in the morning.

